February 2020

SUN	MON	TUE	WED	THU	FRI	SAT
After the Sweetheart Bingo on February 4, 2020 we will meet at Shane's Rib Shack for lunch. Lunch will be on your own. We hope to see you there!						1
2 Doris Fletcher	3 Sewing Class 8AM-12PM Tai Chi Class 12:30PM - 1:30PM	4 CENTER CLOSED Sweetheart Bingo at Hillcrest Baptist Church 8:30-11AM We leave at 8AM Eva Kolb	5 Sewing Class 8AM-12PM Nutrition Education: Chocolate is good, but is it good for your health? Donald Muraski	6 Valentines' Concert 6:30-8:30 PM Civic Center Sign up to reserve your seat!	7 Public Education Safety while Shop-ping	8
9 	10 Sewing Class 8AM-12PM Tai Chi Class 12:30PM - 1:30PM Laquita Cooper	11 ART 8-10AM & 10-12PM Nutrition Education: 5 Foods & Beverages To avoid after 8PM	12 Sewing Class 8AM-12PM	13 Acrylic Paint Pouring Art Class By Birgit 12:00—3:00PM	14 "Will You be My Valentine?" Wear your favorite Valentine Outfit Jonetta King	15
16 Bobbie Miller	17 Center Closed In observance of President's Day	18 ART 8-10AM & 10-12PM	19 Sewing Class 8AM-12PM	20 Gary Meredith	21 Fire Drill Nutrition Education: Constipation—Risks, Causes, Prevention & Treatment	22
23 	24 Sewing Class 8AM-12PM Tai Chi Class 12:30PM - 1:30PM	25 ART 8-10AM & 10-12PM	26 Sewing Class 8AM-12PM Billy Hays	27 Birthday & Anniversary Celebration 3:00 - 5:00PM	28 Susan Willoughby	29